



WELCOME TO CIHS

We are pleased that you have selected Community Intervention Healthcare Services as a potential employer. This page is designed to assist you in understanding our history services & Values.

HISTORY

CIHS was founded in May 4th, 2015 as part of an initiative to improve the health and well-being of individuals, families and our community. On December 15, 2017; CIHS became a nationally accredited behavioral healthcare agency and On March 02, 2017, the agency became a Maryland state licensed service provider.

OUR CORE VALUES

1. Our brand is our most important asset
2. We strengthen the communities we serve
3. We've created a fun and family working environment built on teamwork
4. We uphold the highest standards of integrity in all our actions.
5. We value our people, encourage their development and reward their hard work.
6. Customer service is our key ingredient
7. We exhibit a strong will to win in the marketplace and in every aspect of our business.
8. We provide outstanding services that deliver premium value to our consumers.

SERVICES AND PROGRAMS

1. Psychiatric Rehabilitation Program

CIHS PRP service is designed to offer therapeutic services to adolescents, minors and adults with persistent mental illness and maladaptive functioning. The program seeks to deliver services that are individualized, comprehensive and that addresses the psychosocial and rehabilitative needs of patients both on site and in the community. PRP services is a short-term intervention used for children, youth and adults who may be at risk of being placed in a residential setting. The program provides a wide range of services that includes individual, group, family, community interventions, comprehensive mental health and rehabilitation services, vocational assistance, targeted case management and intensive integrative family

programming. The goal is to assist caregivers with acquiring the needed skills to assist the person's served in their homes.

CIHS's jurisdiction is primarily Baltimore County, with service provision contacts in Baltimore County/City, Anne Arundel and Howard Counties. The program operates Mon-Saturday (crisis information available for Sunday) from 10:00 am to 6:00 pm.

Services Include:

- Basic Support
- Self-Care Skills
- Budgeting and personal living skills
- Computer & Technology Training
- Semi-Independent Living Skills
- Culture & Spirituality
- Vocational skill Training
- Maintaining Age-Appropriate Boundaries
- Social/Interactive Skills
- Anger Management Skills
- Education
- Symptom Management
- Accessing Community Resources
- Stress management & Relaxation
- Physical health & Wellness
- Personal Safety
- Time Management

2. Substance Abuse Program

CIHS's Substance Abuse Services are designed to support clients that are on a pathway to recovery from alcohol and other drug use challenges. We understand that seeking help for Alcohol and Drug addiction can be a difficult task. We offer holistic and highly individualized substance abuse treatment program for adolescents and adults. At CIHS, we believe in treating the whole person, not just the addiction. Clients receive treatment care from their own primary care physician and counselor – whom they know and trust.

CIHS's jurisdiction is primarily Baltimore County, with service provision contacts in Baltimore County/City, Anne Arundel and Howard Counties. The program operates Mon-Saturday (crisis information available for Sunday) from 9:00 am to 7:00 pm. Clinical hours are 9:00 am to 7:30 pm.

Services offered include:

- Alcohol and drugs of abuse evaluation, medication management
- Coordination of twelve step self-help programs
- Case management services
- Randomized Urinalysis
- Specialized groups (including gender specific)

- Family, couple, and individual counseling sessions
- Individualized treatment planning & collaborative treatment approach
- DUI/Parole and Probation/Court Ordered Drug and Alcohol Counseling

Intensive Outpatient Program (IOP)

CIHS provides intensive outpatient substance use treatment for adults and adolescents. Individuals seeking treatment must meet American Society of Addiction Medicine criteria for IOP level of treatment. The program is a 12 to 24-week program where individuals receive a combination of group therapy, individual therapy, and in-home/community support with the goal of reducing or eliminating substance use. In all, individuals enrolled in the IOP program receive between 9-12 hours a week of treatment and support.

The program structure includes:

- Four (4) two (2) hour group sessions per week
- Individual counseling for SU
- Mental Health Counseling
- Transportation
- Housing (based upon availability)
- Community Integration (PRP)

Outpatient (OP)

CIHS provides outpatient substance use treatment for adults and adolescents. Individuals seeking treatment must meet American Society of Addiction Medicine criteria for outpatient level of treatment. The program is a 12 to 24-week program where individuals receive a combination of group therapy, individual therapy, and in-home/community support with the goal of preventing relapse. The program structure includes:

- Three (3) one (2) hour group sessions per week.
- Individual counseling for SU
- Mental Health Counseling
- Transportation
- Housing (based upon availability)
- Community Integration (PRP)